

## **Sample Daily Schedule- Toddlers**

Daily schedules are developed with the following in mind:

- Matching the age and abilities of the children.
- Outdoor time, both structured and unstructured, every day.
- At least two large blocks of time for child-directed learning.

And include:

- Morning and Afternoon Group Time
- Small-Group Activities
- Morning and afternoon child-directed learning in learning centers
- Outdoor play and activities
- Snack and meals
- Rest time

Times may vary depending on children's interests and weather

Time	Activity
8:00 – 9:00 am	Morning Extended Care
9:00 – 9:15 am	Open Center
9:15 – 10:00 am	Learning Center Time (Children choose from learning center activities)
10:00 – 10:30 am	Morning Snack Time
10:30 – 10:45 am	Toileting
10:45 – 11:15 am	Play Time (outdoor   indoor play)
11:15 – 11:45 am	Project Time (small groups)
11:45 – 12:30 pm	Lunch
12:30 – 12:45 pm	Toileting (children clean up from lunch and transition to rest time)
12:45 – 2:45 pm	Quiet Time   Nap Time (children nap or rest quietly. As children wake up, they can select from a variety of quiet activities for alternative)
2:45 – 3:00 pm	Toileting
3:00 – 3:15 pm	Afternoon Snack
3:15 – 4:00 pm	Outdoor Play (Children enjoy structured and unstructured play outdoors)
4:00 – 4:45 pm	Project Time (small groups)
4:45 – 5:00 pm	Community Time (Children come together to talk about the day's events)
5:00 – 6:00 pm (closing)	Play Time (Children choose from learning center activities; Rotation)
6:00 – 7:00 pm	Afternoon Extended Care